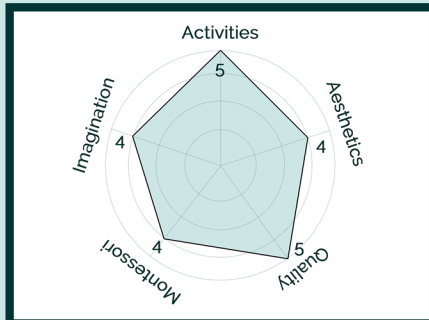


# MOVEMENT & MOTION

*"Movement, or physical activity, is thus an essential factor in intellectual growth."*

- Dr. Maria Montessori

This guide outlines the activities included in this Toolbox. However, for the full Montessori By Mom experience, make sure to view the instructional videos on our website: [www.mbymom.com/ai](http://www.mbymom.com/ai)



## Please make sure your Toolbox is complete\*

\*Some items may vary depending on availability

- Movement & Motion Book
- GO! Cards
- Grammar Card Set
- Rope
- Hand Bell
- Spoon
- Wood Eggs
- Whistle
- Jump Rope
- Scarves
- Bean Bags
- 2 Cones
- Chalk
- Kite Kit : Winder with String, Paper, Tail, Rods, Tape

*If anything is missing or broken, let us know!*

We are happy to answer any questions about Montessori or this Toolbox! Use our Facebook group to connect with other parents and Montessori educators. We hope you will share how you have used Montessori By Mom!

Phone: 210.901.9210  
support@mbymom.com  
MontessoriByMom.com

# MOVEMENT & MOTION

*Montessori Toolbox Activity Guide*



*We Empower Parents as Educators with Tools and Resources To Help You Bring Montessori Home*

 Montessori By Mom